

# The Test Test



**Directions:** At the end of each statement, write True or False in the blank line. Ignore the "correct statement" line until after you have read the answer key.

- ① Most of your test-preparation is done when you take notes, read the text, and develop questions about both. \_\_\_\_\_

**Correct statement:**

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- ② You should throw away all of your work as soon as it is checked or graded because it will only clutter up your folders. \_\_\_\_\_

**Correct statement:**

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- ③ Getting a good night's sleep and eating a healthy breakfast are more beneficial than cramming all night the night before a test. \_\_\_\_\_

**Correct statement:**

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- ④ When you are undecided about a test answer, your first hunch is usually right. \_\_\_\_\_

**Correct statement:**

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- ⑤ It is important to be the first person done with the test because that means that you aced the test. \_\_\_\_\_

**Correct statement:**

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Continue →

# The Test Test

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**Multiple choice:** Underline the best answer for each question.

- ⑥ The best way to study for a test is:
- A. Spend a few solid hours of non-stop studying the night before a test.
  - B. Do your reading and homework on time and review your notes for a few minutes everyday.
  - C. Highlight any questions that you have on any of your work or notes so that you remember to ask them in class.
  - D. Both B and C.
- ⑦ Preparing a study-guide...
- A. Should be based only on what the teacher tells you about the test.
  - B. Is automatically done for you when you use the questioning technique for taking notes and reading.
  - C. Means spending many hours, the night before the test, rewriting all of your notes.
  - D. Only needs to be done for big tests, such as final exams.
- ⑧ When your teacher gives you a study guide, you should:
- A. Ignore it because you have already made your own study guide from your notes.
  - B. Use it to help you decipher what to focus on the night or two before the test.
  - C. Toss your notes and textbook aside; the study guide is all you need.
  - D. Stop paying attention in class. The study guide has all the answers you will need for the test.
- ⑨ The night before a test, you should:
- A. Look over your work for a minute. You don't need to spend any more time on it because you've taken notes and done your homework.
  - B. Spend a few solid hours studying non-stop.
  - C. Spend 30-60 minutes reviewing your notes, homework, and text, and quizzing yourself by talking out-loud.
  - D. None of the above.
- ⑩ To study for a final exam or unit test, your best option is to:
- A. Study corrected tests from the semester.
  - B. Reread every chapter covered since the beginning of the semester.
  - C. Forget studying. You either know it or you don't.
  - D. None of the above.

STOP ●

# The Test Test

## ANSWER KEY

Now that you have completed the test, check your answers below and find additional hints for taking tests.

**Directions:** At the end of each statement, write True or False in the blank line. Ignore the “correct statement” line until after you have read the answer key.

Did you notice the statement in the directions that told you to *ignore* the “correct statement line” until after you read the answer key?

An average of 50% of students taking any given test do not read the directions. If this was a real test and you did not follow these directions, you could have lost points already.

Lesson: Pay attention to the directions!

- ① Most of your test-preparation is done when you take notes, read the text, and develop questions about both. TRUE

**Hint:**

The word “most” is an indication that this answer is probably true. Anytime a T/F question has a word such as “some,” “most,” “few,” etc. the answer is probably true. Conversely, most questions that have words like “all” or “none” are likely to be false because very few things are that definitive.

- ② You should throw away all of your work as soon as it is checked or graded because it will only clutter up your folders. FALSE

**Correct Statement:**

Old assignments, especially old tests/quizzes, are the most valuable study guides you can have for final exams or unit tests. Do not throw anything away until you have received your final grade in case your teacher made a computational mistake. If your binder is getting overloaded, transfer papers to your home filing system.

- ③ Getting a good night's sleep and eating a healthy breakfast are more beneficial than cramming all night the night before a test. TRUE

**Hint:**

Good sleep and proper nutrition will keep you alert and help prevent "stupid" mistakes. Drowsy drivers have been shown to demonstrate similar behavior on the road as some drunk drivers, illustrating how impaired your thinking and reasoning can be when you are tired.

- ④ When you are undecided about a test answer, your first hunch is usually right. TRUE

**Hint:**

If you are truly stuck and have no clue about an answer, go with whatever answer first seemed most appropriate to you. Chances are that your subconscious, long-term memory is working on your behalf, but is simply lacking the proper recall to help you clarify the answer.

- ⑤ It is important to be one of the first people done with the test because that means that you aced the test. FALSE

**Correct Statement:**

There is no such thing as a stupid question, but there is such a thing as a *stupid* answer; those are the items that, after your test has been graded, make you think, "OHHH! I knew that!" The best way to avoid *stupid* mistakes is to take the time to reread your test when you are done. Use all the time you have. It is a little frustrating trying to concentrate after you have completed the test, but EVERY POINT COUNTS. If you reread your tests regularly, you will likely find and correct an error more than 50% of the time!

**Multiple choice:** Underline the best answer for each question.

Did you notice that the instructions told you to underline the answer? Little details in the directions like this are commonly overlooked by students. Sometimes, these omissions can cost points from the final score.

⑥ The best way to study for a test is:

- A. Spend a few solid hours of non-stop studying the night before a test.
- B. Do your reading and homework on time and review your notes for a few minutes everyday.
- C. Highlight any questions that you have on any of your work or notes so that you remember to ask them in class.
- D. **Both B and C.**

**Hint:**

Teachers like to cram a lot of information into questions. Anytime you see more than one option combined together, such as “All of the above,” or “Both B & C,” that answer is *likely* to be correct.

⑦ Preparing a study-guide...

- A. Should be based only on what the teacher tells you about the test.
- B. **Is automatically done for you when you use the questioning technique for taking notes and reading textbooks.**
- C. Means spending many hours, the night before the test, rewriting all of your notes.
- D. Only needs to be done for big tests, such as final exams.

**Hint:**

If you have no other clue to figure out an answer, then choose the longest answer...it is usually the correct choice.

⑧ When your teacher gives you a study guide, you should:

- A. Ignore it because you have already made your own study guide from your notes.
- B. **Use it to help you decipher what to focus on the night or two before the test.**
- C. Toss your notes and textbook aside; the study guide is all you need.
- D. Stop paying attention in class. The study guide has all the answers you will need for the test.

**Hint:**

If possible, avoid being absent the day or two before a test. Valuable test information is usually given at this time.

**⑨ The night before a test, you should:**

- A. Look over your work for a minute. You don't need to spend any more time on it because you've taken notes and done your homework.
- B. Spend a few solid hours studying non-stop.
- C. Spend 30-60 minutes reviewing your notes, homework, and textbook, then quiz yourself by talking out-loud.
- D. None of the above.

**Hint:**

If you have consistently been doing homework and reviewing notes, then 30-60 minutes reviewing and making final connections the night before a test should be all you need. This preparation will also give you valuable confidence before a test.

**⑩ To study for a final exam or unit test, your best option is to:**

- A. Study corrected tests from the semester.
- B. Reread every chapter covered since the beginning of the semester.
- C. Forget studying. You either know it or you don't.
- D. None of the above.

**Hint:**

Who has time for "B"? The answer is clearly "A" because teachers do not have a lot of time to create brand new questions for end-of-semester (or end-of-unit) tests. Therefore, they usually pull questions from previous tests and quizzes for their final exams.

**Your Score:**  
\_\_\_\_\_ **out of 10**

**If you scored:**

- **9-10...** Congratulations, you are a test-taking champ!
- **6-8...** You have a good start. Practice a couple of the strategies in this chapter to improve your test performance.
- **1-5...** Reread the chapter and select three-four strategies you can begin practicing right away. In a month, try two more.