

Maternal Health Program

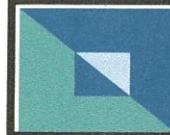


*Free Services for
income-eligible
pregnant women*

**North Iowa
Community Action Organization
Maternal Health Program**

100 1st Street NW Suite 200
Mason City, Iowa 50401

Phone: (641)423-5044 or
1-800-657-5856



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What is Maternal Health?

Maternal Health is an educational program for pregnant women that provides up-to-date, pregnancy-related information, as well as assistance in obtaining financial, medical, nutritional and dental services.

What are the services?

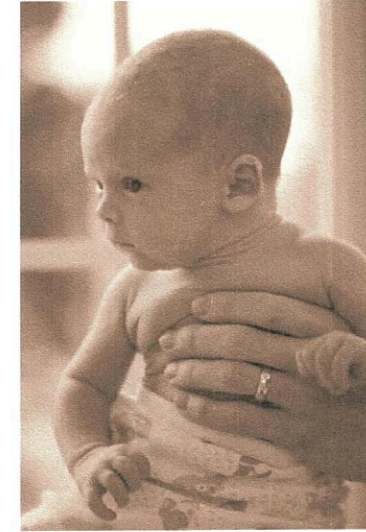
- *Education about prenatal care, labor, delivery, infant and self-care
- *Obtaining Presumptive Eligibility for Medicaid (temporary Medicaid)
- *Nutrition counseling and referrals for eligible women through the WIC program
- *Scheduling of Prenatal Care
- *Oral Health Assessment, fluoride varnish and referral
- *Referrals to local community services
- *Referrals for Family Planning and Child Health

What counties do we serve?

Butler, Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Worth and Winnebago Counties



A healthy pregnancy equals a healthy baby



Becoming pregnant can be both a joyous and overwhelming time in a woman's life.

Even if you are a veteran parent, there is plenty to learn. Having up-to-date, accurate information regarding what to expect, as well as assistance locating available resources can make this time less stressful.

**THE MATERNAL HEALTH PROGRAM
IS HERE TO HELP**



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