



Creating healthy, educated, ethical and productive citizens.

Northwood-Kensett Community School

P.O. Box 289 Northwood, IA 50459

website: www.nwood-kensett.k12.ia.us

Dear 7th or 8th Grade Parent,

Many parents are interested in learning more about the sexuality education unit that is taught in 7th and/or 8th grade. The unit that is taught is seven lessons long. The lessons are a mixture of presentation of facts, small and whole group discussions based on value systems, stereotypes, and misconceptions students may have at this point in their development. The goal of this unit is inform students in order increase their ability to make safe decisions in the future. We encourage all students to talk with parents on the topic of sexuality. We acknowledge that every family forms their own values on this topic.

We want to make sure your students receive accurate information. The educational program that's used is taken from the research-based Teen Talk Sexuality Education based in California and is designed for Middle School Students. The research in this program is taken from The Center for Disease Control, The Mayo Clinic, The Iowa Legal Code, The American Psychological Association, & Planned Parenthood of America.

This unit's topics include:

- The benefits of abstinence/ delaying sexual activity
- Clarifying personal values on Sex & Sexuality (And how everyone's unique that way)
- Definition of sex & sex acts (according to Iowa Legal Code)
- The influence media has on teens' perspectives of sexuality
- Facts on HIV and other sexually transmitted diseases
- Sexual identity
- Definition of sexual assault, statutory rape, & rape according to Iowa Legal Code
- Gender roles & healthy relationships
- Resources where teens can learn more if they choose

Do you want to start a dialogue with your student, but don't know where to begin? Planned Parenthood of America published this guide, which is available for free online: <http://www.plannedparenthood.org/nyc/files/NYC/ParentGuide.pdf> If you still have more questions, please email or call me!

Sincerely,

Amy Renwick
7th & 8th Grade Counselor
(641)324-2142
arenwick@nwood-kensett.k12.ia.us

Central Office:

1200 1st Ave. N.

Michael Crozier, superintendent

Ph: 641/324-2021

mcrozier@nwood-kensett.k12.ia.us

Elementary Office:

1200 1st Ave. N.

Brian Costello, principal

Ph: 641/324-1127

bcostello@nwood-kensett.k12.ia.us

Jr./Sr. High Office:

704 7th St. N.

Keith Fritz, principal

Ph: 641/324-2142

kfritz@nwood-kensett.k12.ia.us