

Who can benefit from Theraplay?



Children with a wide variety of presenting problems have been successfully treated using the Theraplay model:

- * ADHD
- * ODD
- * PTSD
- * Withdrawn, depressed, fearful, shy
- * Acting out, angry, non-compliant
- * Autism Spectrum
- * Developmental Delays
- * Attachment Insecurity
- * RAD/Complex Trauma

What is Theraplay?

- * A proactive, intensive, relationship focused parent-child therapy
- * Modeled on the natural patterns of healthy interaction between parents and child: the kind of interaction that leads to secure attachment and lifelong mental health
- * Respectful, playful engagement of child
- * Guided interaction and reflection focused on the parent becoming more available, responsive, and attuned to the child
- * Principles are based on attachment theory, intersubjectivity & brain research



4 Theraplay Dimensions

Structure
Engagement
Nurture
Challenge



Turning Leaf Counseling

We accept most major private insurance carriers and Medicaid (Title XIX). Some services are limited due to insurance requirements and provisions on insurance coverage. Call to find out if your insurance can be accepted. Private Pay and Sliding Scale Fees are also available. Applications are available at the front desk.

Some of the other issues dealt with at Turning Leaf Counseling include:

- Depression
- Anger Issues
- Grief and Loss
- Communication
- Stress Management
- Parenting Difficulties
- Teen and Parent Problems
- People Seeking Personal Growth
- Childhood Mental Health Disorders
- PCIT (Parent Child Interactive Therapy)
- EMDR (Eye Movement Desensitization and Reprocessing)

641-421-2089

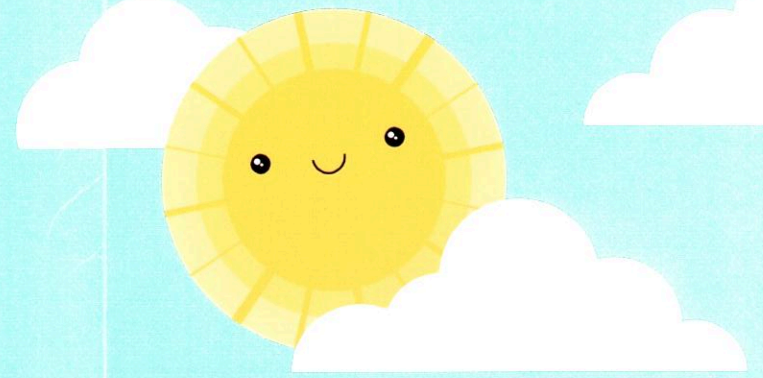
Please call today to discuss counseling availability. Usually can get an appointment within one week with one of our therapists.

Hours of Operation

Day	Hours
Monday	9:00am - 7:00pm
Tuesday	9:00am - 3:30pm
Wednesday	9:00am - 3:30pm
Thursday	9:00am - 3:30pm
Friday	Closed
Saturday	Closed
Sunday	Closed

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Theraplay

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