

## *Turning Leaf Counseling, Inc*

We accept most major private insurance carriers and Medicaid (Title XIX). Some service are limited due to insurance requirements and provisions in insurance coverage. Call to find out if your insurance can be accepted.

Private Pay and Sliding Scale also available.

### **Some of the range of issues dealt with include:**

EMDR

Depression

Anger Issues

Anxiety issues

Grief and Loss

Communication

Stress management

Parenting Difficulties

Teen and Parent Problems

People seeking personal growth

Parent Child Interactive Therapy

Childhood mental health disorders

**641-421-2089**

Flexible counseling appointments are available by appointment only. Please call today to discuss counseling availability.

[info@turningleafcounseling.com](mailto:info@turningleafcounseling.com)

[www.turningleafcounseling.com](http://www.turningleafcounseling.com)

103 East State Street

Suite 613

Brick and Tile Building

Mason City, IA 50401

## *Turning Leaf Counseling, Inc.*

Counseling helps you take responsibility for your life as you develop the understanding and strength to make the best possible decision.

Counseling expands awareness.

It provides an opportunity for you to discover your own voice and find the courage to express it.

INDIVIDUAL

MARRIAGE

COUPLES

FAMILY

CHILDREN

ADOLESCENTS

ADULTS

### **What are the benefits of Counseling?**

- Improved Communication
- Enhanced Relationships
- A Happier Family
- Peace of Mind
- Improved Self-Esteem
- More Satisfaction Out of Life
- Personal Growth
- Understanding About Self and Others

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